

Sandnes Healthy City



Sandnes kommune

- Size: 304 km²
- Inhabitants 75 000
- Coastline 63 km
- Agriculture land 78000 acres
- Neighboring cities ; Gjesdal, Time, Klepp, Sola, Stavanger, og Forsand og Strand over Høgsfjorden
- Mayor Stanley Wirak (Ap)







WHO network of Healthy Cities in Europe and in Norway

- Member since 1991
- Approved for phase VI - 2014 til 2018

Healthy municipalities – WHO's norwegian network

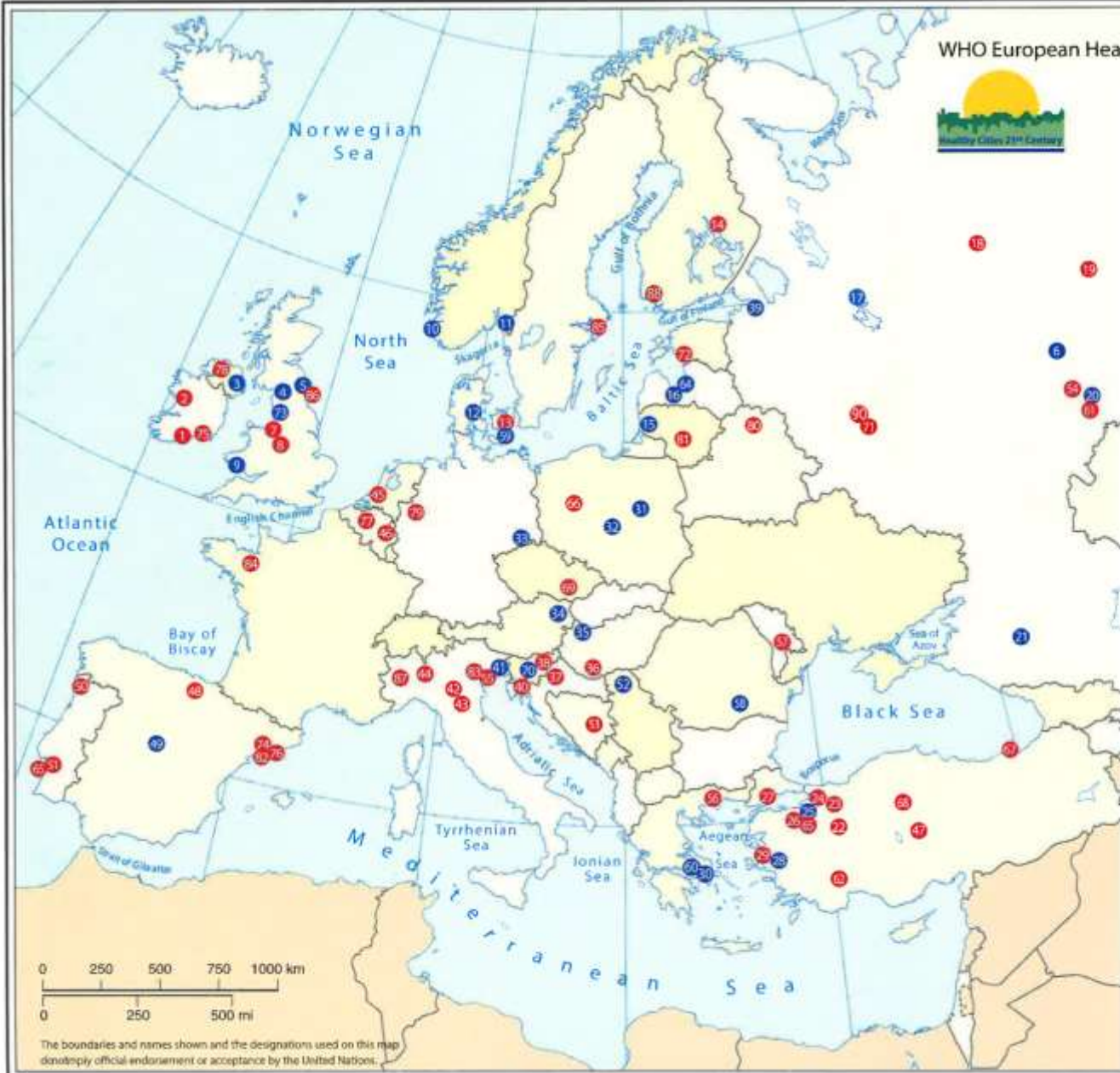
- Initiator og member since the start in 1994

Goals, principles and strategies

- Health for **all**
- Justice og eqal treatment
- Health 2020



WHO European Healthy Cities network - Phase VI (2014-2018)



1	Cork	IRE	47	Ortahisar (Trabzon)	TUR
2	Galway	IRE	48	Vitoria-Gasteiz	SPA
3	Belfast	UNK	49	Wilanowa de la Cañada	SPA
4	Carlisle	UNK	50	Viana do Castelo	POR
5	Newcastle	UNK	51	Seixal	POR
6	Cheboksary	RUS	52	Novi Sad	SRB
7	Liverpool	UNK	53	Sarajevo	BH
8	Stoke on Trent	UNK	54	Ulyanovsk	RUS
9	Swansea	UNK	55	Wagisce	UKR
10	Sandnes	NOR	56	Drama	GRE
11	Orfold County	NOR	57	Choinau	MDA
12	Horsens	DEN	58	Bucharest	ROM
13	Copenhagen	DEN	59	Frederiksborg	DEN
14	Kaapio	FIN	60	Phokheli Psychiko	GRE
15	Kalpede	LVA	61	Chapayevsk	RUS
16	Jurmala	LVA	62	Burdur City	TUR
17	Cherepovets	RUS	63	Osmaniye	TUR
18	Veliky Ustyug	RUS	64		
19	Ishvik	RUS	65	Montijo	POR
20	Dimitrovgrad	RUS	66	Poznan	POL
21	Stavropol City	RUS	67	Trabzon City	TUR
22	Eskişehir/Tepebaşı	TUR	68	Kırkkale	TUR
23	Gölcük	TUR	69	Brno	CZE
24	Yalova	TUR	70	Ljubljana	SVN
25	Bursa	TUR	71	Stupino	RUS
26	Niğde	TUR	72	Pärnu	EST
27	Kadıköy	TUR	73	Preston	UNK
28	İzmir	TUR	74	Saint Andrew de la Barca	SPA
29	Karşıyaka-İzmir	TUR	75	Waterford	IRE
30	Amaroussion	GRE	76	Barcelona	SPA
31	Warsaw	POL	77	Brussels	BEL
32	Łódź	POL	78	Derry/Londonderry	UNK
33	Dresden	DEU	79	Düsseldorf	DEU
34	Vienna	AUS	80	Geri	BLR
35	Győr	HUN	81	Kaunas City	LTH
36	Pecs	HUN	82	L'hospitalet de Llibreгат	SPA
37	Zagreb	CRO	83	Pavia	ITA
38	Ceja	SVN	84	Rennes	FRA
39	St Petersburg	RUS	85	Stockholm	SWE
40	Rijeka	CRO	86	Sunderland	UNK
41	Udine	ITA	87	Turin/Torino	ITA
42	Modena	ITA	88	Turku	FIN
43	Bologna	ITA	89	Novosibirsk	RUS
44	Milan	ITA	90	Klin	RUS
45	Rotterdam	NET			
46	Liege	BEL			

● 89 Applicant cities ● 31 Designated cities



The boundaries and names shown and the designations used on this map do not imply official endorsement or acceptance by the United Nations.

Healthy municipalities WHO's norwegian network

- Organization with a staff of 2 fulltime employees , 17 municipalities and 5 regional municipalities
- Funding: fee and national government funds
- The aim is to promote public health (health, well-being and environment as in the WHO network)
- Exchange of experience, learning, testing in practice
- Conferences, thematic - meetings, campaigns, partnerships, professional networks



Østfold fylkeskommune



Akershus fylkeskommune



Volda kommune



Båtsfjord kommune



Vestvågøy kommune



Bodø kommune



Verdal kommune



Brønnøy kommune



Våler kommune



Gjøvik kommune



Spydeberg kommune



Hamarøy kommune



Sandnes kommune



Kristiansand kommune



Oppland fylkeskommune



Levanger kommune



Oppegård kommune



Melhus kommune



Odda kommune



Modum kommune



Nordland fylkeskommune



Møre og Romsdal fylkeskommune



HEALTH 2020

Et europeisk rammeverk for handling
på tvers av myndigheter og samfunn
for å fremme helse og trivsel



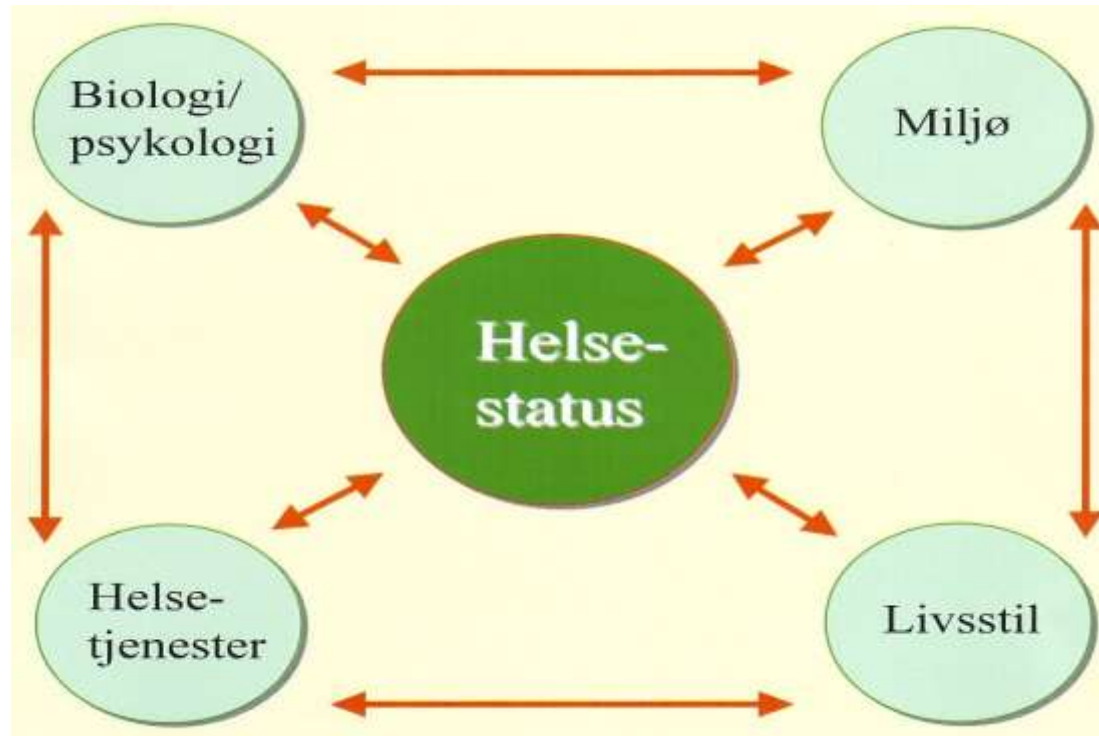
Health 2020 – a strategy for health promotion

A keystone for Sandnes as a healthy city

- *Justice og equal treatment* – better health
- Ensure a broad participation in health promotion
- Lifecycle perspective– ”a good childhood last the whole life”
- Tackle the biggest health challenges in the prevention and early intervention
- Creating robust communities and supportive environments
- Working through partnerships
- Common goals - common responsibility



10 - 90 regelen



Factors influencing health

Society and the environment

Living conditions

social networking
Lifestyle

Public Health
Status



Community
Planning

service
development

Volunteering -
partnerships -
promotions

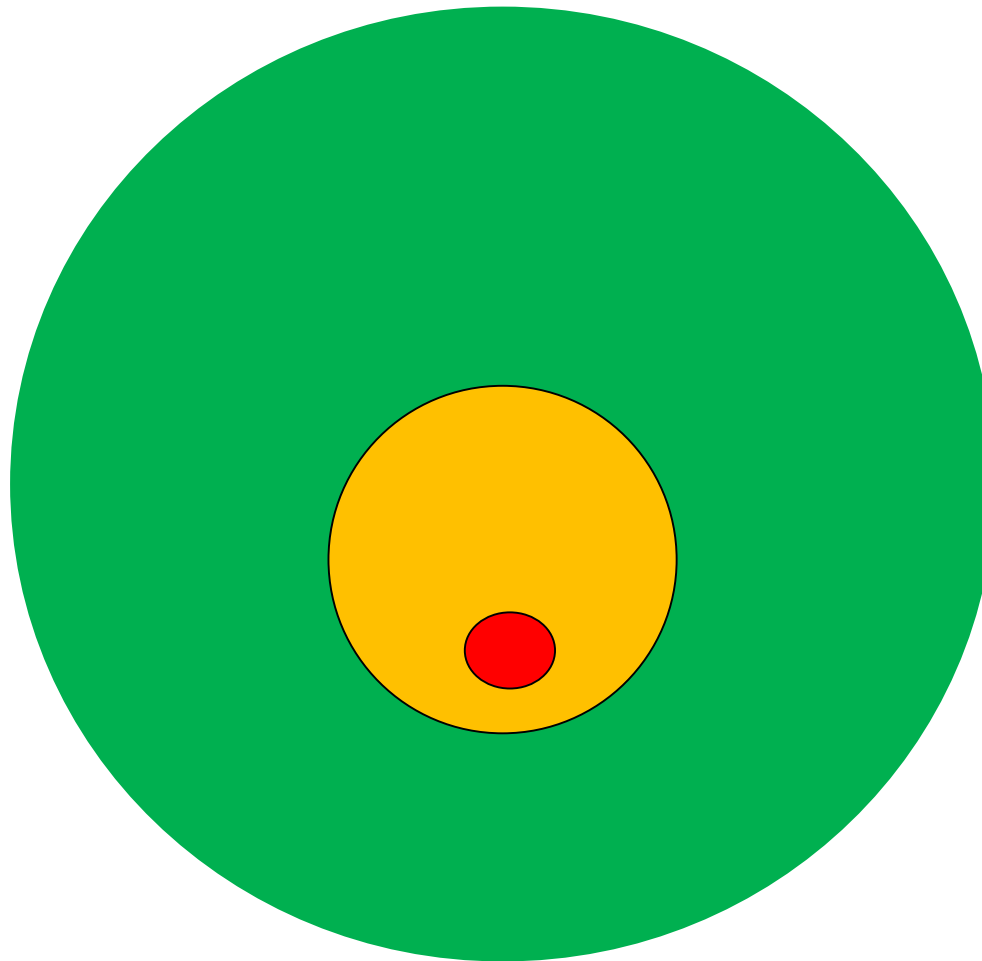
Statistics

Promote – prevent–repair

Promoting

Preventing

Repair



All

Groups

Individuals



Some challenges and strengths

- Young population - about 30 are younger than 20 years
- Approximately 1/5 of the residents are immigrants or have immigrant parents
- Sandnes has a large and very active voluntary sector
- Pressure on farmland as a result of development
- 1900 homes located in the red zone for traffic and or shooting range noise
- 25% do not complete high school
- Approximately 200 homeless
- 10 of 12 districts have hiking trails for all
- About 80% have access to recreation areas within 500 m of private housing
- Bicycle share 5,3% - the proportion of public approximately 6.6%
- Some forms of cancer are relatively high frequency in Sandnes

